



Peterborough Youth Basketball Association

## HOUSE LEAGUE RULES – 2010

(Revised Oct. 25, 2010)

The emphasis in the P.Y.B.A. house league is on SKILL DEVELOPMENT, FUN and EQUAL PARTICIPATION. Along with skills, coaches are encouraged to teach sportsmanship and fair play. All players must play equally. Players are numbered and substituted in sequence.

All games will be officiated according to National Federation rules (high school) with the following exceptions:

1. Games are 30-minute straight time halves with 5 minutes between halves. Substitutions are mandatory every 3 minutes except for Gr. 9-11 boys division which are every 4 minutes and have 32-minute halves. All players must get equal playing time. It is highly recommended that the coaches use the substitution form to ensure equal playing time for all participants throughout the season.
2. In order to avoid losing playing time during the mandatory substitutions, the team with possession must put the ball into play in a reasonable amount of time (eg. 10 seconds)
3. **Fouled in the act of shooting - the defensive team takes possession and the fouled player shoots free throws at the end of the half or game EXCEPT if the team committing the foul has a lead of 10 or more points over the opposing team. In this instance, the team on offense keeps possession of the ball AND shoots free throws at the end of the half or game.**
4. Team Fouls – **15 + per half:** player fouled will shoot one shot unless it is a shooting foul.
5. Technical Foul: Team will take possession of the ball plus 2 free throws will be awarded to a player of the coach's choice who was on the floor at the time of the foul (shots will be taken at half or end).  
**NOTE: IF A PLAYER GETS A TECHNICAL FOUL DURING A GAME HE/SHE WILL SIT OUT THE NEXT GAME. IF A PLAYER GETS 2 TECHNICAL FOULS DURING A GAME THEY WILL BE EJECTED FROM THE GAME AT THAT TIME AND WILL MISS THE NEXT 2 GAMES.**
6. All foul shots will be taken at the end of the half or at the end of the game if the outcome of the game will be altered by shots made. The losing team at the end of the game will shoot first. A player who has fouled out may shoot his/her free throws. In the Gr. 3-4 division, free throws will be taken 2 feet inside the free throw line.
7. There are NO time-outs in any division during the regular season or playoffs **except in the Gr. 9-11 division (where one 30-second time PER TEAM will be permitted PER HALF).** Otherwise the clock only stops in the event of an injury at the discretion of the official.
8. Three (3) point shots will only count when the game is played on a court with a 3 point line and only in the Grade 7-8 and 9-11 divisions. (Does not count in the other divisions.)
9. In the **Gr. 3-4 division ONLY** there are NO violations for 3 seconds in the key, over and back and also the 10-second back court violation.
10. After a team has scored a basket, its players must drop back past the 10 second line except for Gr.9-11 who must only drop back if their team is leading by 15 points.

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11. **DEFENSE must be PERSON TO PERSON.** There is NO ZONE defense. If the official feels there is zone defense played by one or more players he will give a warning and if continues, a report to the coordinator.
12. **SCORING:** Adhering to PYBA house league philosophy.....
  - a) **“True Team Scores”** will NOT be posted: during the game; in The Examiner and on our website if the score is more than a twenty point difference. The modified scores will only be posted.
  - b) **“Individual Player Score”** will NOT be recorded on score sheet just the running score. (This will also assist our one junior official at the scorer’s table.)
  - c) **Coaches are required to record on the final score sheet their MVP player for that game. Throughout the season this honour should go to all players on the team.**
13. The game will remain as a tie during the regular season. In the event of a tie after a playoff game, there will be successive 3 minute overtimes followed by free throws until there is a clear winner.
14. Any coach who verbally abuses an official will be asked to leave the gym without warning. The game will resume after the coach has left and the gym supervisor will step in as “acting coach” for the remainder of the game. A player verbally abusing the official will be warned once. A recurrence of abuse will result in the player being ejected from the game. The future status of the coach and player will be at the discretion of the league convenor and coordinator.
15. **COACHES AND PLAYERS are responsible for cleaning up garbage and water bottles around their bench at the end of the game.**
16. **At the end of the regular houseleague season if 2 teams are tied with the same number of points, the team with the better record against the opposing team (that they are tied with) is awarded the higher ranking and moves on to the playoffs with this ranking. If the 2 teams have an even head-to-head record, then the team that has allowed the fewest points scored against them will continue on into the playoffs.**

**Please Note:** Absolutely no outdoor shoes are permitted on any part of the gym floor. All coaches, players, officials and spectators must take off their outdoor shoes before entering the gym. Coaches, please advise the parents via the players of the importance of maintaining the integrity of the hardwood floor.

See attached sheets for practice drills and mandatory substitution procedure.